

“Body Safety”

Tips for Talking With Your Children



1 Keep it simple! Make “body safety” something they can understand.

2 Help your child know what “private parts” are.

3 They should know that it is ok to say “no” to touches.

4 Teach them to never keep secrets about touching.

5 Practice with your children naming grown ups they can talk to if they feel unsafe.

6 If that grown up doesn't do anything to help, then he/she should tell someone else.

7 Kids should know to tell an adult if another adult/older child touches them and makes them feel funny, uncomfortable, or unsafe.

Parents regularly talk about “safety” with their children. Remember to often talk about Body Safety, too!

TIPS FOR A HAPPY CHILD

1 Let your child know you are proud of them! Tell him/her, or let him/her hear you tell someone else.

2 Listen! Your child will know his/her stories and feelings are important to you.



3 Play! Your child will know you enjoy being with him/her.

4 Everyone is good at some things. Help your child find what he/she is good at.

5 It's ok when your child makes mistakes. Remind him/her that everyone makes mistakes, and they help us learn,



6 Celebrate your child. Remind him/her that we are all different, which is a very good thing!

7 Let your child know when you see him/her trying hard, which is very important.

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The Blue Ribbon Campaign originated in 1989 as a grandmother's tribute to her grandson, who died as a result of abuse. She wrapped a blue ribbon around her car antenna as a way to remember him and to alert her community to the dangers of child abuse. The campaign has spread across the nation and, each year The National Exchange Club observes National Child Abuse Prevention Month in April with its Believe in the Blue campaign.

Helping create strong, healthy families plays an important role in the prevention of child abuse.



For additional information, please contact
The National Exchange Club:
419.535.3232
info@NationalExchangeClub.org

BelieveInTheBlue.org
NationalExchangeClub.org
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Get involved, find a club near you!

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