

# Parenting a Preteen



Your preteen is *learning by watching*. Show them how to be honest.



Help your preteen to *make good decisions*. Talk about their options.



Everyone makes mistakes. *Show patience* with your preteen.



Encourage your preteen to *try new things*.

Tell them you are *proud* of them.

Praise, hug, encourage, and say *"I love you."*



Give your preteen *time with their friends*.



Your preteen needs independence and *still needs rules*. Talk with them about your decisions.



Believe  
in the  
*Blue*

*These tips are brought to you by:*



# EXCHANGE

THE NATIONAL EXCHANGE CLUB

*America's Service Club*

Exchange, America's Premier Service Club, working to make our communities better places to live.

**American Legion**  
*Child Welfare Foundation*



Provided by a generous grant from the American Legion Child Welfare Foundation.

The Blue Ribbon Campaign had its origin in 1989 with a grandmother's tribute to her grandson, who died as a result of abuse. She wrapped a blue ribbon around her car antenna as a way to remember him and to alert her community to the dangers of child abuse. The campaign has spread across the nation and The National Exchange Club each year observes National Child Abuse Prevention Month in April with its Believe in the Blue campaign.

Helping create strong, healthy families plays an important role in preventing child abuse.

For more information, contact  
The National Exchange Club  
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[www.believeintheblue.org](http://www.believeintheblue.org)  
[www.nationalexchangeclub.org](http://www.nationalexchangeclub.org)  
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